



**GRANADA HILLS CHARTER HIGH SCHOOL CHEERLEADING TRYOUT SHEET**  
**2022-2023 VARSITY AND JUNIOR VARSITY CHEERLEADING**  
**DUE JUNE 6TH**

## Things to know about Tryouts

### Clinic:

- June 6th-June 10th 4:00-6:00 pm

### Tryouts:

- Part 1: June 8th 4:00-6:00 pm
- Part 2: June 11th 9:00am-2:00pm

**Make sure to have your athletic clearance packet and physical exam completed PRIOR to trying out.**

Each day of the clinic the instructors will lead you in warm-ups and conditioning, work on angles and jumps, and teach you a cheer and a dance! Skills clinics each day will include stunting and tumbling workshops. Part 1 tryout will be on the cheer and dance. Part 2 tryouts will be on tumbling and stunting. Tumbling is not a requirement for the sideline team, however, it is a requirement for the competition team. If you are trying out for the competition team, you must be able to do a back handspring on ALL applicable surfaces (mat, track, turf, gym floor). The coaching staff will have the final decision on all candidates. Results of tryouts and squad placements will be emailed by our athletic director, Cristina Garcia.

*Please wear comfortable and modest clothing to the clinic (shorts with spanx/spanx and t-shirts) and lightweight athletic shoes. No crop tops.*

Parents/Guardians will not be allowed in the building during the clinic or tryouts. NO EXCEPTIONS!

The final tryout with judges will begin at 9:00am on Saturday June 11th in the large gym. Please meet in the Small Gym AT LEAST 30 minutes prior to your start time where you can warm up and quickly review the tryout material. You will also be allowed to warm up your tumbling and stunts before you come into tryouts. **Please wear a plain black t-shirt, black shorts and lightweight tennis shoes or cheer shoes.. Hair needs to be up in a high ponytail (bow preferred) and out of your eyes (NO BANGS or flyaways). Hair should be slicked to your head!!** No jewelry or gum allowed, and we request that you come ready to perform with makeup on.

You will find in this packet the tryout score sheet we will be using as well as a rough schedule for summer practices. Nothing is finalized but we wanted to share what a typical summer practice schedule looks like. Please fill in the box below.

Bring THIS page **ONLY** to tryouts on June 6th

Name		<b>Check which team you are trying out for:</b>	
Grade		Sideline Cheer	
Student ID		Competition Team	

\*If you select competition team, you are also on the sideline team\*

**Thank you for trying out! Good luck!**  
 Coach Feldman, Coach Stephanie and Coach Kaitlyn

## Tryout Score Sheets

### Dance

Category	Possible	Earned	Comments
Dance Memorization	5		
Dance Sharpness	5		
Dance Cleanliness	5		
Overall Showmanship	5		
Total	20		

### Cheer

Category	Possible	Earned	Comments
Projection	5		
Memorization	5		
Sharpness	5		
Confidence	5		
Total	20		

### Jumps/Tumbling

Category	Possible	Earned	Comments
Toe Touch	5		
Pike	5		
Standing	5		
Running	5		
Total	20		

### Stunt

Category	Possible	Earned	Comments
Stunt Difficulty	10		
Stunt Execution	10		
Stunt Variety	10		
Confidence/performance	10		
Total	40		

***Potential* summer schedule:**

Dates	Time	Information
June 13th	5:00 pm	Parent Meeting (Virtual)
June 14th-17th	3:30-5:30pm	Bring a lot of water
June 15th*	3:30pm	Uniform Fittings will occur and then practice after
June 21-24th	3:30-6:30pm	Very important to bring a snack and a lot of water.
June 27th-8th	WEEK OFF	Please continue stretching and practicing.
July 11th-15th	3:30-6:30pm	Very important to bring a snack and a lot of water.
July 18th-20th	3:30-5:30	Bring a lot of water
July 22nd-25th	Cheerleading Camp	More information to come.
July 26-August 7th	OFF UNTIL SCHOOL STARTS	

Camp details will be given as soon as we receive more information!

***Potential* School Practice Schedule**

Practices during the school year are held before school. This ensures that all students have enough time to complete their homework or seek out extra help from all the opportunities offered on campus for extra help.

An example schedule is below.

Monday and Thursdays	6:00-7:00 am	Sideline Cheer
Wednesdays	6:00-7:00 am	Competition Team
Fridays	TBD	Football Games
*Saturdays	10:00-2:00pm	Competition team

\*as needed\*